Exam Topics

I. ORIENTATION.
   - History and Career Opportunities.
   - Life Skills.
   - Your Professional Image.
   - Communicating for Success.

II. GENERAL SCIENCES.
   - Infection Control: Principles and Practices.
   - General Anatomy and Physiology.
   - Skin Structure, Growth, and Nutrition.
   - Skin Disorders and Diseases.
   - Nail Structure and Growth.
   - Nail Disorders and Diseases.
   - Properties of the Hair and Scalp.
   - Basics of Chemistry.
   - Basics of Electricity.
III. HAIR CARE.
   • Principles of Hair Design.
   • Scalp Care, Shampooing, and Conditioning.
   • Haircutting.
   • Hairstyling.
   • Braiding and Braid Extensions.
   • Wigs and Hair Additions.
   • Chemical Texture Services.
   • Haircoloring.

IV. SKIN CARE.
   • Hair Removal.
   • Facials.
   • Facial Makeup.

V. NAIL CARE.
   • Manicuring.
   • Pedicuring.
   • Nail Tips and Wraps.
   • Monomer Liquid and Polymer Powder Nail Enhancements.
   • Light Cured Gels.

VI. BUSINESS SKILLS.
   • Preparing for Licensure and Employment.
   • On the Job.
   • The Salon Business.

Sample Questions
1. Cosmetology is defined as the _____ of beautifying and improving the skin, nails, and hair.
   a. aesthetics
   b. standards and codes
   c. technology
   d. art and science

2. In ancient Rome, women used hair color to indicate their class in society. What color did poor women use to dye their hair?
   a. Blond
   b. Black
   c. Red
   d. Brown
3. In 1985, a hairdresser, _____, led by his passion for his craft and environment, revolutionized the beauty industry by inventing the world’s first ammonia-free haircolor.
   a. Trevor Sorbie
   b. Lawrence Gelb
   c. Noel DeCaprio
   d. Farouk Shami

4. Single-cell organisms such as molds, mildews, and yeasts are _____.
   a. bloodborne pathogens
   b. fungi
   c. pathogens
   d. parasites

5. Between 80 percent and 85 percent of skin aging is caused by _____.
   a. sun exposure
   b. tobacco use
   c. genetic factors
   d. poor diet

6. What structures contain the blood and nerve supply that provide the nutrients needed for hair growth?
   a. Hair bulbs
   b. Sebaceous glands
   c. Furuncles
   d. Dermal papillae

7. A hair form should be in proportion to the shape of the head and face, the length and width of the neck, and the _____ line.
   a. head
   b. neck
   c. shoulder
   d. body

8. Placed completely off their base, _____ curls offer a curl option with only slight lift and volume.
   a. volume-base
   b. full-volume
   c. off-base
   d. half-base
9. When cleaning a wig, follow the manufacturer’s directions and select a shampoo that is _____.
   a. alkaline
   b. medicated
   c. sulfur-based
   d. gentle

10. Prior to application, the temperature of the heated wax should be tested on _____.
    a. eyebrows
    b. hands
    c. fingers
    d. the wrist