Exam Topics

I. History and Career Opportunities

II. Life Skills

III. Your Professional Image

IV. Communicating For Success

V. Infection Control: Principles and Practices

VI. General Anatomy and Physiology

VII. Basics of Chemistry

VIII. Basics of Electricity

IX. Basics of Nutrition

X. Physiology and Histology of the Skin

XI. Disorders and Diseases of the Skin
XII. Skin Analysis

XIII. Skin Care Products: Chemistry, Ingredients, and Selection

XIV. The Treatment Room

XV. Facial Treatments

XVI. Facial Massage

XVII. Facial Machines

XVIII. Hair Removal

XIX. Advanced Topics and Treatments

XX. The World of Makeup

XXI. Career Planning

XXII. The Skin Care Business

XXIII. Selling Products and Services

Sample Questions

1. Who do commercial photographers often employ to work with models?
   a. medical aestheticians
   b. makeup artists
   c. cosmetics buyers
   d. beauty editors

2. Since ancient times, Africans have created remedies and grooming aids from the materials found in their natural environment.
   a. False
   b. True

3. What is the final step of the 10-step consultation process?
   a. Reiterate everything you and the client have agreed upon.
   b. Recommend treatment options.
   c. Assess the client’s current goals and objectives.
   d. Counsel the client on the maintenance process.
4. A hair dryer rated at five amps must have a cord that is twice as thick as one rated at 12 amps.
   a. False
   b. True

5. What type of lesions are lesions in the early stages of development or change?
   a. tertiary
   b. secondary
   c. primary
   d. vascular

6. What term refers to ingredients designed to dissolve keratin proteins on the surface of the skin to make it softer and smoother?
   a. enzymes
   b. lighteners
   c. brighteners
   d. lipids

7. What should you use to remove implements from the container of disinfectant solution?
   a. bare hand
   b. brush handle
   c. gloved hand
   d. tongs

8. Applying a cold compress or towel will aggravate infected skin.
   a. True
   b. False

9. Couperose skin benefits from extensive steaming.
   a. True
   b. False

10. High-frequency current is recommended to achieve product penetration.
    a. True
    b. False