



**Nurse Assisting
(NA)
Health Sciences**

Leadership Development Contests

**Skilled and Technical Sciences Contests
Contest Information**

State Qualifying Event: Yes

National Contest: Yes

Participation: Individual

Contest Description

Students demonstrate knowledge and skill in performing personal care, encouraging patient independence, assisting with ambulation and performing other routine tasks, including standard infection control procedures used in basic nurse assisting. Students will demonstrate knowledge and abilities in the measurement of vital signs. Competitors will also be judged on basic anatomy, communications skills, legal/ethical issues and employment skills.

Skills Performance

- Contestants perform procedures or skills selected from the following list of Standards and Competencies as determined by the SkillsUSA health occupations technical committee.
- All procedures must be performed using safety precautions and correct body mechanics.
- All skills demonstrated will be based on nationally accepted accreditation and certification standards.
- Contestants, as part of the demonstration, should voluntarily express pertinent information.

Material and Equipment Provided

- Timekeeper
- Supplies/equipment for skills testing provided by leader

Each Contestant Will Need to Provide

- #2 pencil
- Black pen
- Watch
- Stethoscope
- Gait Belt