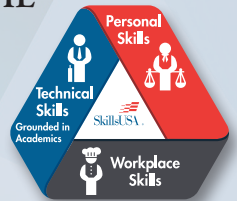




SARAH WELANDER

HIGH SCHOOL NORTHERN AREA PRESIDENT

Blomington Area Career Center - Bloomington, IL
swelander@skillsusaindinois.org



MY SKILLSUSA FRAMEWORK STORY

Throughout my time in SkillsUSA, I have grown most in my ability to communicate. When I first began my SkillsUSA journey, I was shy and disliked talking to new people. After I went to *L.E.A.D.*, I realized how much SkillsUSA was going to empower me to grow. I am now able to talk to anyone, no matter who they are. This new capability is extremely valuable in my personal and professional life. Skillful communication is key to career advancement, and is very important when pursuing a career in a competitive industry.

HOMETOWN

LeRoy, IL

TRAINING PROGRAM

Graphic Design

ADVISOR

Katie White & Nicole Meyer

HONORS & AWARDS

High Honors

Class Officer

Illinois State Scholar

CAREER & TECHNICAL EDUCATION BELIEF STATEMENT

My career and technical training has taught me how to stretch beyond my comfort zone. In the past, I was always very nervous to receive feedback about my work, or to participate in job interviews. In my CTE training, we have learned how to take criticism, and how to request the opinions of others. We have also participated in mock job interviews with business professionals in our area. This experience has forced me into situations that were uncomfortable, resulting in my personal and professional growth.

FUTURE GOALS

After graduating high school I am attending Parkland Community College to pursue an Associate of Arts degree. I am uncertain what my career pursuit will entail; however, I would like to stay in the graphic design and video production industries. In the future, I plan to attend Illinois State University to complete my studies.