**Contest Information**

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<tr>
<th>State Qualifying Exam: Yes</th>
<th>National Contest: Yes</th>
<th>Participation: Individual</th>
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**Contest Description**

This competition evaluates the ability to perform procedures or take appropriate action based on scenarios related to first aid and CPR medical emergencies. There is also a written exam. All skills are judged on nationally accepted standards identified from any of the following organizations: the American Red Cross, the American Heart Association, American Safety and Health Institute, and the National Safety Council.

**Tasks To Be Evaluated**

Compressions, AED skills, assessment of patients and knowledge basic first aid. There will also be a 25 questions exam.

**Clothing Requirement**

National Requirement:
- Official SkillsUSA blue scrubs, white socks or skin-tone seamless hose and health professional’s white leather or canvas work shoes.
  - Shoes must be all-white leather or canvas, completely enclosed (no open toe or heel).
  - Athletic style shoes that meet the aforementioned criteria are acceptable.

State Requirement:
- National Requirement OR plain scrubs, white socks, with shoes that must be all-white leather or canvas, completely enclosed (no open toe or open heel). Students may also wear job specific closing (i.e. trauma pants and uniform shirt/polo).
  - Athletic style shoes that meet the aforementioned criteria are acceptable.

**Supplies Provided by Technical Committee**

- All dummies and AED’s will be provided
- Actors for the First Aid portion will also be provided.

**Supplies Provided by Contestant**

- CPR/AED First Aid CARD (must have or you will NOT participate!)
- Mouth piece
- Safety glasses
- Resume