



## *Medical Assisting*

## Career Competition

**Career Cluster:** Health Sciences

**State Qualifying Event:** Yes

**National Contest:** Yes

**Participation:** Individual

### **Competition Description**

Competitors are tested on their skills in the clinical and administrative setting. They are judged on speed, the use of correct safety measures, and the ability to interact personally with a patient. Skills tested are general office skills, communication skills, patient education, knowledge of anatomy and physiology, terminology, instrument identification, equipment knowledge of a variety of clinical procedures and techniques. Competitors need to assess a situation in a short period of time and perform a skill required for that situation within the given time limit.

### **Tasks To Be Evaluated**

Simulated stations:

- Competitors will have to demonstrate various office simulations/tasks and demonstrations.
- Participants should be prepared to convert values from standard weight measurement to metric units
- Participants should be prepared to complete wound measurement and wet to dry dressing application
- Participants should be prepared to assist a patient transfer with a gait belt
- Participants should appropriately perform hand hygiene and demonstrate AIDET communication in all skills simulation activities.

### **Provided by Competitor**

- Competitors should wear scrubs which are a solid color as well as a watch with a second hand.

### **Provided by Technical Committee**

- Supplies necessary for completion of skills stations.



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### Clothing Requirement

#### National Requirement:

##### Class B: Health care attire

- Official blue scrubs, white socks or skin-tone seamless hose and health professional's white leather work shoes
- **Shoes must be all white leather (no canvas) and completely enclosed (no open toe or heel)**
- **Athletic-style shoes that meet the aforementioned criteria are acceptable**

#### State Requirement:

##### National requirement OR

- Scrubs should fit appropriately for all health competitions and should be properly hemmed and wrinkle free.
- Only plain, white, collarless T-shirts may be worn underneath the scrubs.
- Hair must be pinned up and off the collar.
- White socks or white seamless/nonpattern hose visible above the top of the shoe.
- Health professionals white or black leather work shoes.
- Shoes must be all-white or black leather (no canvas/mesh), completely enclosed (no open-toe or open-heel).
- Athletic-style shoes that meet the criteria are acceptable.
- Any embroidered names or school patches must be covered, if applicable.