SkillsUSA ILLINOIS

Nurse Assisting

Career Competition

Career Cluster: Health Sciences

State Qualifying Event: Yes **National Contest:** Yes **Participation:** Individual

Competition Description

Competitors demonstrate knowledge and skill in performing personal care, encouraging patient independence, assisting with ambulation and performing other routine tasks, including standard infection control procedures used in basic nurse assisting. Competitors will demonstrate knowledge and abilities in the measurement of vital signs. Competitors will also be judged on basic anatomy, communications skills, legal/ethical issues, and employment skills.

Tasks To Be Evaluated

Written Knowledge Exam

- Assessing areas that include but are not limited to functions of body parts, basic human needs pertaining to client care, nutrition, observation and assessment, safety, communication, infection control, basic mathematical operations, medical terms, and abbreviations as well as one system identification such as respiratory, endocrine, digestive, nervous, etc.

Simulated stations:

- Contestants will have to demonstrate 2 of the 21 skills including basic resuscitation skills and simple nutrition and elimination calculations.

Provided by Competitor

- Competitors should wear scrubs which are a solid color as well as a watch with a second hand

Provided by Technical Committee

- None

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Clothing Requirement

National Requirement:
Class B: Health care attire

- Official blue scrubs, white socks or skin-tone seamless hose and health professional's white leather work shoes
- **Shoes must be all white leather (no canvas) and completely enclosed (no open toe or heel)**
  - **Athletic-style shoes that meet the aforementioned criteria are acceptable**

State Requirement:
National requirement OR

- Scrubs should fit appropriately for all health competitions and should be properly hemmed and wrinkle free.
- Only plain, white, collarless T-shirts may be worn underneath the scrubs.
- Hair must be pinned up and off the collar.
- White socks or white seamless/nonpattern hose visible above the top of the shoe.
- Health professionals white or black leather work shoes.
- Shoes must be all-white or black leather (no canvas/mesh), completely enclosed (no open-toe or open-heel).
- Athletic-style shoes that meet the criteria are acceptable.
- Any embroidered names or school patches must be covered, if applicable.