



Practical Nursing

Career Competition

Career Cluster: Health Sciences

State Qualifying Event: Yes

National Contest: Yes

Participation: Individual

Competition Description

Students demonstrate knowledge of medical terminology, body structure and function, nutrition, medications, and nursing care as well as job skill performance. This includes administration of medications; physical assessment; dressing change; and CPR. At each workstation, accuracy of skill, organization, communication, and safety are judged.

Tasks To Be Evaluated

Written Knowledge Exam

- Assessing areas that include but are not limited to functions of body parts, basic human needs pertaining to client care, nutrition, observation and assessment, safety, communication, infection control, basic mathematical operations, medical terms and abbreviations, nursing care plan development, and one system identification such as respiratory, endocrine, digestive, nervous, etc.

Simulated stations

- Contestants will have to demonstrate 2-3 of the 22 skills and competencies including environmental safety assessment, basic resuscitation skills and simple nutrition and elimination calculations.
- Participants should be prepared to perform a FAST exam, strength test, and elicit pupillary reaction
- Participants should be prepared to collect a blood specimen paying attention to appropriate draw order
- Participants should be prepared to identify safety hazards present in an inpatient environment
- Participants should appropriately perform hand hygiene and demonstrate AIDET communication in all skills simulation activities.

Provided by Competitor

- Students should wear scrubs which are a solid color as well as a watch with a second hand
- Stethoscope
- Penlight

Provided by Technical Committee

- Any additional instruments, equipment, and materials required for the competition



Practical Nursing

Career Competition

Clothing Requirement

National Requirement:

Class B: Health care attire

- Official blue scrubs, white socks or skin-tone seamless hose and health professional's white leather work shoes
- **Shoes must be all white leather (no canvas) and completely enclosed (no open toe or heel)**
- Athletic-style shoes that meet the aforementioned criteria are acceptable

State Requirement:

National requirement OR

- Scrubs should fit appropriately for all health competitions and should be properly hemmed and wrinkle free.
- Only plain, white, collarless T-shirts may be worn underneath the scrubs.
- Hair must be pinned up and off the collar.
- White socks or white seamless/nonpattern hose visible above the top of the shoe.
- Health professionals white or black leather work shoes.
- Shoes must be all-white or black leather (no canvas/mesh), completely enclosed (no open-toe or open-heel).
- Athletic-style shoes that meet the criteria are acceptable.
- Any embroidered names or school patches must be covered, if applicable.