



# First Aid/CPR

## Career Competition

**Career Cluster:** Law, Public Safety, Corrections and Security

**State Qualifying Event:** Yes

**National Contest:** Yes

**Participation:** Individual

### Competition Description

This competition evaluates the ability to perform procedures or take appropriate action based on scenarios related to first aid and CPR medical emergencies. There is also a written exam. All skills are judged on nationally accepted standards identified from any of the following organizations: the American Red Cross, the American Heart Association, American Safety and Health Institute, and the National Safety Council.

### Tasks To Be Evaluated

Compressions, AED skills, assessment of patients and knowledge basic first aid. There will also be a 25 questions exam.

### Clothing Requirement

**National Requirement:**

**Class B: Healthcare Attire**

- Official SkillsUSA blue scrubs
- White socks or white seamless/nonpattern hose visible above the top of the shoe
- Health-professionals white or black leather work shoe

**State Requirement:**

National Requirement OR

- Scrubs should fit appropriately for all health competitions and should be properly hemmed and wrinkle free.
- Only plain, white, collarless T-shirts may be worn underneath the scrubs.
- Hair must be pinned up and off the collar.
- White socks or white seamless/nonpattern hose visible above the top of the shoe.
- Health professionals white or black leather work shoes. Shoes must be all-white or black leather (no canvas/mesh), completely enclosed (no open-toe or open-heel). Athletic-style shoes that meet the criteria are acceptable.
- Any embroidered names or school patches must be covered, if applicable.

### Provided by Competitor

- CPR/AED First Aid CARD (must have or you will NOT participate!)

### Provided by Technical Committee

- All dummies and AED's will be provided
- Actors for the First Aid portion will also be provided.

### Additional Information

Study Guide information can be found [here](#).