



Nurse Assisting

Career Competition

Career Cluster: Health Sciences

State Qualifying Event: Yes

National Contest: Yes

Participation: Individual

Competition Description

Competitors will be tested on their skills in clinical and administrative settings. They are judged on speed, accuracy, and the ability to interact with patients.

Tasks To Be Evaluated

This competition tests general office and communication skills, patient education, and knowledge of anatomy, physiology, and terminology.

In this specific competition, competitors will be tested on their ability to:

- identify organs and their function
- interact with a patient
- provide basic hygiene cares
- properly position patient

Provided by Competitor

- Competitors should wear scrubs which are a solid color as well as a watch with a second hand

Provided by Technical Committee

- None



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Clothing Requirement

National Requirement:

Class B: Health care attire

- Official blue scrubs, white socks or skin-tone seamless hose and health professional's white leather work shoes
- **Shoes must be all white leather (no canvas) and completely enclosed (no open toe or heel)**
- Athletic-style shoes that meet the aforementioned criteria are acceptable

State Requirement:

National requirement OR

- Scrubs should fit appropriately for all health competitions and should be properly hemmed and wrinkle free.
- Only plain, white, collarless T-shirts may be worn underneath the scrubs.
- Hair must be pinned up and off the collar.
- White socks or white seamless/nonpattern hose visible above the top of the shoe.
- Health professionals white or black leather work shoes.
- Shoes must be all-white or black leather (no canvas/mesh), completely enclosed (no open-toe or open-heel).
- Athletic-style shoes that meet the criteria are acceptable.
- Any embroidered names or school patches must be covered, if applicable.